

PODCAST/STREAMING SUGGESTION LIST

for

EDUX 7909: Cultivating Science and Health Education

Podcast/Streaming Recommendations:

- [Lab Out Loud](#) Hosted by two *science teachers*, Lab Out Loud is a podcast about science teaching in the classroom and beyond. Lab Out Loud seeks to explore science education through discussions with educators, researchers, leading scientists, science writers and other guests who are committed to promoting excellence and innovation in science teaching and learning for all.
- [Inspiring Science Teachers](#) Bite-sized PD from classroom teachers. We interview awesome science teachers and try to capture some of their best lessons and strategies in addition to insights they've learned along the way. We hope to share some of their passion and expertise in a way that motivates, encourages and inspires you to try new things and get better at the art of teaching science.
- [Secondary Science Simplified](#) A podcast specifically for high school science teachers that will help you to engage your students AND simplify your life as a secondary science educator. Each week Rebecca and her guests will share *practical* and *easy-to-implement strategies* for decreasing your workload so that you can stop working overtime and start focusing your energy doing what you love – actually teaching!
- [Science Teacher Lady](#) Overviews on middle school science lessons in seven minutes or less. Why? Because the average middle school brain processes information in 10-12 minutes. The podcast is short so that they can listen and process the information all before they get bored or distracted.
- [Science In-Between](#) This is a conversation about how science teaching can move between and connect different worlds - home and school, virtual and face-to-face, science and the classroom.
- [Nutrition Facts with Dr. Greger](#) Have you ever wondered if there's a natural way to lower your high blood pressure, guard against Alzheimer's, lose weight, and feel better? Well as it turns out there is. Michael Greger, M.D. FACLM, founder of NutritionFacts.org, and author of the instant New York Times bestseller "How Not to Die" celebrates evidence-based nutrition to add years to our life and life to our years.
- [Take Two Pills and listen to this podcast](#) Our goal is to connect innovative teachers in health sciences and provide practical and inspirational teaching advice. If you are teaching or want to teach in medicine, pharmacy, nursing, psychology, nutrition, physical or occupational therapy, or other health sciences-this podcast is for you!